



Financial Wellness

Because money plays such an important role in our lives, financial wellness is a key aspect of general health and wellness. Financial problems can cause immense stress and strain so managing your finances well can make a significant difference in your life.

Kaelo offers a wide range of financial solutions to select clients subscribing to our Employee Assistance Programmes – Ask Nelson and Performance Wellness. A team of qualified and registered financial experts can assist with the following:

- Advice and information about banking
- Advice and information about buying a car or a home
- Bank accounts
- Budgeting
- Debt counselling
- Personal finance
- Personal loans
- Savings and Investments
- Tax
- Wills and Estate planning.

In most cases, this financial support is provided free of charge. In some instances, however, a small fee may be applicable - any relevant charges would be discussed upfront.