



guardian<sup>+</sup>

# kaelohealth

primary healthcare: **MyHealth**

Many South Africans do not have access to quality healthcare, which means that their health may be at risk. MyHealth Guardian Plus puts private healthcare in reach of millions more people.

With unlimited GP visits, acute and chronic medication as well as radiology, pathology, dentistry and optometry benefits, MyHealth Guardian Plus ensures that you have access to the healthcare you need.

**Affordable healthcare  
for you and your family.**

**kaelo**  
Simply  
healthcare

primary healthcare: **MyHealth**

**guardian<sup>+</sup>**

MyHealth Guardian Plus addresses the needs of South Africans by providing personalised treatment and medication for a comprehensive range of health problems. You can enjoy access to Prime Cure's national network of professional health providers. This includes GPs, dentists, optometrists, pharmacists, radiologists and pathologists.

**Rates/Contribution (Incl. VAT per month):**  
 Principal Member **R508.30**  
 Spouse **R355.81**  
 Child Dependant **R203.32**

Benefits	Healthcare Services	Plus
Primary Care: Prime Cure GP	100% of agreed rate at a Prime Cure contracted GP.	Unlimited
Nurse-based care	Acute visits at a contracted Pharmacy Wellness Clinic.	Unlimited
Specialist Benefit	Referral by a contracted GP, pre-authorisation required. Limited to a maximum of R 3 500 per family and R 1 750 per beneficiary per annum.	✓
Acute Medication	100% of agreed rate, formulary applies at contracted Pharmacies.	✓
Over-the-counter Medication	R125 per event to a max of R375 per beneficiary per annum.	✓
Chronic Medication	100% of agreed rate, registration of medication required, formulary applies, contracted Pharmacies.	27 conditions
HIV Medication	ARVs, Antibiotics, Prophylactics and Supplements.	✓
HIV Programme	Counselling, pathology, CD4, viral load. On registration.	✓
Basic Dentistry	Fillings, extractions, pain and sepsis, scaling and polishing at network dentists.	✓
Optometry	One eye examination per beneficiary per annum and 1 set of glasses with single or bi-focal lenses every 24 months per beneficiary per annum at contracted providers only.	✓
Radiology	100% of agreed rate, Black & White X-rays and Soft Tissue Ultrasounds.	✓
Maternity	2 x 2D Scans per pregnancy per annum, relevant pathology and medication as per formulary. Antenatal care at contracted GP.	✓
Pathology	100% of agreed rate, according to a list of approved codes.	✓
MyDoctor	Online portal & 24hr advice line.	✓
AskNelson Lifestyle Programme	Counselling, Trauma Support & Child Services. Legal & Financial Advice.	✓
Health Screenings	Health risk assessment at contracted Pharmacy Wellness Clinics, includes Blood Pressure, Body Mass Index, Cholesterol, Glucose and HIV Testing.	✓
Road Accident Cover	Assistance for Road Accident Claims.	✓
Workman's Compensation Cover	Advice for injury on duty claims.	✓
Death Cover	Natural Cause	R10 000
	Accidental	R20 000
Ambulance	Private ambulance transportation and stabilisation at the scene of the emergency. Call ER24 on 084 124.	✓
Medical Emergency	Casualty Benefit for the sudden and unexpected onset of a life-threatening health condition (unlimited).	✓
Accident Cover	Casualty Treatment - Accidents only	R17 000 per event
	In-Hospital Treatment - Accidents only	R300 000 per event & Overall Annual Limit of R1 000 000 pfa

### Terms and Conditions

Principal Member Participation Voluntary Only

Bulk EFT payment must be made by Employer or individual debit order

### Terms and Conditions

Powered by:

- Cover for dependants is voluntary but must be added within 60 days of the main member joining or life event. Changes to dependants can only be made in January of each year.
- The following waiting periods will apply to new members: 3 month general waiting period and 12 month condition specific waiting period.
- This brochure is a summary of the cover, please refer to your policy document for all conditions of cover.

