## kaelolifestyle

family wellbeing: AskNelson

## TOP TIPS FOR MAKING CENTS OF THE LOCKDOWN IF YOU ARE RETRENCHED!

# Take control of your situation!

Remember to let your creditors, your bank and your service providers know immediately of the change in your financial situation.

#### Claim from the UIF

If UIF payments have been deducted from your salary, you may be able to claim a part of your previous salary income from the UIF. You will need your South African ID number, email address and cell phone number.

### Get back in the game!

A Financial
Coach is ready
and able to
help you
navigate this
difficult time.

Create an action plan for looking for a new job and creating new sources of income. Update your CV and cover letters, post your availability on job boards such as Career Junction etc.



**6.** 0861 635 766 or dial \*134\*928#

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Standard call rates apply



