

# kaelolifestyle

family wellbeing: AskNelson

Managing your debt  
through difficult times

asknelson

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## Managing your finances through a Pandemic

Three Top Tips to Survive the COVID-19 Crisis

01

Remain calm – maintain a balanced view



02

Avoid panic decisions – keep a long-term perspective



03

Focus on what we can control



## Access Virtual Financial Coaching Easy, Confidential and Accessible



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Send a 'please call me'  
to 072 620 5699

✉ email: [asknelson@kaelo.co.za](mailto:asknelson@kaelo.co.za)

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