

WHAT TO EXPECT AFTER THE VACCINE



- If you received the Pfizer-BioNtech vaccine, please make a note of your follow up appointment as the second dose is required for the vaccine to be effective. This is scheduled anywhere up to 42 days after the first dose is administered.
- Remember that your immune system needs 2-3 weeks after your final vaccination dose before it can fully protect you.
- The vaccine will not stop you from contracting the virus, however, it will protect you from severe infections and limit the need for hospitalisation and ventilation therapy.
- Keep the record/proof of your vaccination with the vaccination card provided to you at the vaccination site.
- Be careful about posting on social media with your vaccination certificate as this contains your personal information such as your ID number.
- Keep on wearing your mask and adhere to all other safety measures. You still need to protect yourself and members of the community that are not vaccinated yet. We are still learning about the vaccine and the virus and don't know yet if you can still spread Covid-19 after you are fully vaccinated.

Possible Side Effects

You may experience some side effects from the vaccine such as:

- Pain or swelling in your arm,
- Mild fever,
- Fatigue,
- Headaches,
- Muscle or joint aches,
- Chills, or
- Diarrhoea.

If these symptoms are present for longer than a few days or if you have a stronger reaction, please consult with your healthcare provider.

